

Date: 25th January 2018

LANCASHIRE U16's 28 JAN 2018 - PREPARATION DAY

Our second U16's training session is this Sunday 28th Jan 2018.

Venue is AKS School, Clifton Drive South, Lytham St Annes, FY8 1DT

Players are to arrive by 11am and report to the gymnasium for registration.

Players to wear provided county kit but advised to bring spare clothing if the weather is wet. Do not forget, boots, gum shield, head gear as full contact will be within the training session.

Players should bring plenty of water for use during training.

The training session will finish at 1.15pm.

This is a RFU county weekend and in line with the structured season principles players are not expected to play rugby other than this training session. This can not be enforced but players are strongly encouraged not to play.

Parents/guardians are welcome to stay during the training period but are asked not to distract their son during the training periods.

Heads up - There is a change of venue for the Yorkshire game on 4th Feb, the games will now be played at Burnage RUFC (same venue as the Cheshire game).

We look forward to seeing you all on Sunday.

Please feel free to download and distribute to your members or print and display in your club.

NEWS ALERTS should be sent to:-

websitenews@lancashirerugby.com