

Date: 24<sup>th</sup> January 2018

## **LANCASHIRE U15's 28 JAN 2018 - PREPARATION DAY**

A reminder for all players selected for this seasons U15 County programme the first training session is this Sunday 28th Jan 2018.

Venue is AKS School, Clifton Drive South, Lytham St Annes, FY8 1DT

Players are to arrive by 10am and report to the gymnasium for registration.

Players to wear own training gear and advised to bring a spare set if the weather is wet. Do not forget, boots, gum shield, head gear as full contact will be within the training session.

There will be a lunch break and players should bring a packed lunch, they should also bring water for use during training.

The training session will finish at 3pm. Players will be issued County kit (hoodie, t-shirt, shorts and socks) free of charge at the end of the session.

This is a RFU county weekend and in line with the structured season principles players are not expected to play rugby other than this training session. This cannot be enforced but players are strongly encouraged not to play.

Parents/guardians are welcome to stay during the training period but are asked not to distract there son during the training periods. It is planned to have lunch from 12:15 to 1pm.

Our first fixture is on Wednesday 7th February, 7.30pm kick off at Newcastle (Staffs) near Stoke on Trent. At registration on Sunday players will be asked if they will be able to make this fixture as we appreciate for some players it may not be possible due to travel distance and time constraints.

Please feel free to download and distribute to your members or print and display in your club.

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**NEWS ALERTS should be sent to:-**

[websitenews@lancashirerugby.com](mailto:websitenews@lancashirerugby.com)



# NEWS ALERT

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We look forward to seeing you all on Sunday.

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